

Venoruton® 300

Capsules

What is Venoruton 300 and when it is used?

Venoruton 300 contains O-(β-hydroxyethyl)-rutoside which helps to restore the function of the smallest blood vessels (capillaries) by increasing the resistance of their walls and reducing their permeability.

In patients who suffer from varicose veins or certain other disorders of the veins in the legs, these small vessels lose too much water, which causes the ankles to swell.

Venoruton 300 works by reducing this swelling and relieving the symptoms that generally accompany it, such as aching, tired or heavy legs and cramps.

On the recommendation of a doctor or pharmacist, Venoruton 300 can also be used to treat haemorrhoids. In the case of haemorrhoids, Venoruton 300 produces a rapid and sustained reduction in the swelling of the anal mucosa and relieves the symptoms, which include pain, weeping, itching and bleeding.

What should one consider apart from the treatment?

To relieve the symptoms of varicose veins, it is useful, if possible, to elevate the legs frequently during the day and to raise the foot of the bed slightly. Wearing elastic supports (usually stockings) is also recommended.

When should Venoruton 300 not be used?

Do not take Venoruton 300 if you are sensitive to the active substance O-(β-hydroxyethyl)-rutoside, similar substances or any of the other ingredients. Do not take Venoruton 300 during the first three months of pregnancy. Your doctor knows what to do in such cases.

What precautions should be taken when using Venoruton 300?

You must consult your doctor if the symptoms persist or worsen. Tell your doctor or pharmacist if you

- are suffering from any other diseases
- have any allergies or
- are taking or using any other medicines, either for internal or external use (including self-medication!).

Can Venoruton 300 be used during pregnancy or breastfeeding?

If you are pregnant or breast-feeding, you should not take Venoruton 300 without consulting your doctor. Venoruton 300 must not be taken during the first three months of pregnancy. If you are pregnant, hoping to become pregnant or breast-feeding, ask advice to your doctor.

How to use Venoruton 300?

Adults:

High-dose treatment: 1 Venoruton 300 capsule with a meal three times a day. Relief of the symptoms usually occurs within 2 weeks. The treatment can then be either suspended (the improvement usually lasts for at least 4 weeks after the treatment has been suspended) and restarted as described above if the symptoms reappear, or continued as follows:

Maintenance treatment: The minimum maintenance dose is 600 mg per day, i.e. 1 Venoruton 300 capsule twice a day.

The capsules should be taken with a main meal.

Children and adolescents:

The use and safety of Venoruton 300 capsules have not been tested in children and adolescents.

Keep to the dose stated in this leaflet or prescribed by your doctor.

If you feel that the effect of this medicine is too weak or too strong, talk to your doctor or pharmacist.

What side effects can Venoruton 300 cause?

Venoruton 300 can cause the following side effects:

Rare: gastrointestinal disorders, flatulence, diarrhoea, abdominal pain, stomach ache, digestive troubles, cutaneous eruption, pruritus, urticaria.

Very rare: dizziness, headache, fatigue, flushing, hypersensitivity reactions and allergic reactions which may lead to circulatory reactions and respiratory distress.

If you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

What else should be taken into account?

Medicines should be kept out of the reach of children.

Store at 15-30 °C and protect from moisture.

Do not use this medicine after the date marked after the wording “EXP” on the container.

For further information, consult your doctor or your pharmacist, who have detailed information intended for professionals at their disposal.

What does Venoruton 300 contain?

1 capsule contains 300 mg O-(β-hydroxyethyl)-rutoside as the active substance and excipients.

Marketing authorisation number

33037 (Swissmedic)

Where can you obtain Venoruton 300? What pack sizes are available for sale?

Packs of 50 and 100 capsules are available in pharmacies without a prescription.

Marketing authorisation holder

Novartis Consumer Health Schweiz SA, Bern

This packaging leaflet was reviewed by the drug monitoring authority (Swissmedic) in February 2008.

(THIS IS A MEDICAMENT)

- Medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use, and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed.
- Do not repeat the same prescription without consulting your doctor.

Keep medicament out of reach of children

Council of Arab Health Ministers Union of Arab Pharmacists

E-AR 908371
30571 - NCH 10 A/B-OR

 NOVARTIS